



St. Michael Catholic School

Learn, Serve, Lead, Succeed...Be His Disciple!

IMPORTANT DATES

August 25, 2023

INSIDE

A note from
Mrs. Rocky

City -Wide Events

2023-2024 School
Calendar

Parish Events

SFA Corner

AUGUST

August 28 — Back to School Night
(parents only), 6pm



SEPTEMBER

September 4 — No School, Labor Day

September 11-18 — MAP Testing

September 15 — 1pm Early Release

September 19 — Photo Retakes

September 26—Runza Dine Out 4:30-
7:30pm



*For all attendance, dismissal
changes, and documents please
email:*

Stmichaelinfo@cdolinc.net

School Day Hours:

Doors Open: 7:45am

Tardy Bell: 8:05am

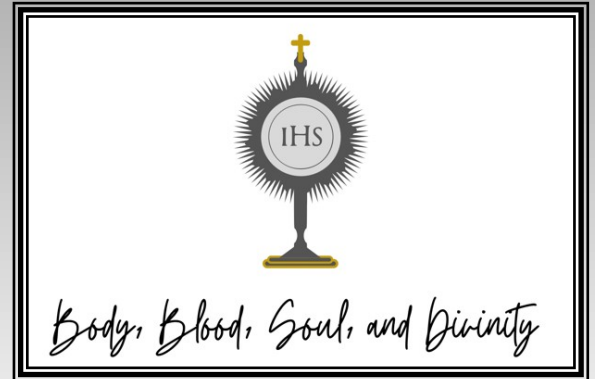
Dismissal: 3:20pm

From the Principal

August 25, 2023

Good afternoon, St. Michael Families,

What a fantastic start to the 23-24 school year! It has been so good to have students back in the building. We have hit the ground running with new routines and expectations, lots of learning, and most importantly deepening our relationship with Christ, as we have set our focus for the year, "Abide in Him." We are looking forward to a great year of learning and growing as disciples of Christ at St. Michael School.



Below you will find a few reminders.

Traffic: Safety in and around St. Michael School is our primary concern. One important aspect of safety is traffic flow during critical drop-off and pick-up times. You may visit the Arrival and Dismissal Procedures located on our website. We ask that if you are choosing to use the park and drop off lot, that you allow the staff of St. Michael School to assist your children at the front door and safely to their classrooms. We also respectfully ask that the handicap stalls be reserved for those individuals with limited mobility. Thank you for understanding that the safety of St. Michael students remains our number one priority.

Back to School Night: Back-to-School Night is on Monday, August 28th from 6:00- 7:30. Families will begin in the commons at 6:00, followed by classroom presentations led by the classroom teachers.

St. Michael Spirit Wear: Show your school spirit! On Fridays at St. Michael School, students may wear their spirit wear t-shirts with uniform bottoms. Contact the office if you are in need of additional spirit wear items.

Please continue to keep the students, staff, and families of St. Michael School in your prayers.

LEARN, SERVE, LEAD, SUCCEED...Be His Disciples.

+In Christ,

Ashley Rockey

Reminders from the Registrar

Required documents for Kindergarten, 7th grade, and New students are due no later than **November 1**. Please send documents to school as soon as possible.

Kindergarten

- ⇒ Birth Certificate
- ⇒ Baptismal Certificate
- ⇒ Physical
- ⇒ Immunization record

7th Grade

- ⇒ Physical
- ⇒ Immunization record

New Students

- ⇒ Birth Certificate
- ⇒ Baptismal Certificate
- ⇒ Physical
- ⇒ Immunization record

If you have not purchased a Bible for your 4th grade student(s), they are available in the front office for \$20.

SFA CORNER



Here's an update from our School Family Association:

SFA Funded School Needs:

- Word of Life K-5 Religious Curriculum
- Autoscrubber for School and Church
- Decodable Readers for Pre-K to 2nd
- Smart Board Technology Advancements
- Outdoor Preschool Playground Kitchen
- Spirit wear t-shirt for all Students

Thank you to all of our Corporate Sponsors for their generous donations!!

Hosted Events:

- First Day of School Teacher Breakfast
- Meet and Greet Dinner Social
- Kindergarten Parents Donuts and Coffee
- Kindergarten First Week Balloon Celebration

Upcoming Events:

- August 28th @ 6pm: Back to School Night (parents only)
- September 26th @ 4:30-7:30pm: Dine Out Night, Runza (87th & NE Pkwy)

Thank you to all the volunteers who have helped with these events!!

2023-2024 School Calendar

**dates are subject to change. Always refer to our website, Friday Notes and School Newsletter updates/adjustments.*

Early Release Day 1pm

2023-2024 St. Michael School Calendar

Noon Dismissal

Non School Days

July 2023

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

July

4 Independence day
8-9 Used Uniform Sale (after weekend Masses)
9-14 Totus Tuus
14 Tuition Payment or ACH Due

August 2023

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

10 Meet & Greet 5PM - 6PM
15 Assumption
16 First Day of School (Noon Dismissal)
17 First Day of Preschool
23 School Picture Day
28 Back to School Night 6PM

September 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

September

4 No School - Labor Day
11-18 MAP Testing
15 Early Release - 1PM
19 School Picture Retakes

October 2023

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

October

4 Confirmation Parent Meeting - 6:30PM (Commons)
10 Parent-Teacher Conferences
11 Health Screening
12 Parent-Teacher Conferences/End of Qtr 1
13 No School - Teacher Comp Day
16-17 No School - Diocesan Institute & Work Day
31 All Saints Parade and Party

November 2023

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

November

1 No School - All Saints Day
8 1st Penance/Holy Communion Parent Mtg 6:30PM
10 Early Release - 1PM
22-24 No School - Thanksgiving

December 2023

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

December

7 Early Release - 1PM
8 No School - Feast of the Immaculate Conception
12 Christmas Concert (K-5) - 6 PM
20 Christmas Parties/End of Qtr 2/Noon Dismissal
21-29 No School - Christmas Break

January 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January

1-2 No School - Christmas Break
3 No School - Staff Retreat/Teacher Work Day
15 No School - MLK Day / TWD
16-23 MAP Testing
27 2nd Grade Sacrament Breakfast 9AM (School)
29 Catholic Schools Week Holy Hour at the CRC
29-31 Catholic Schools Week

February 2024

Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

February

1-2 Catholic Schools Week / Feb 2 Early Release
3 5th Grade Sacrament Breakfast 9AM (School)
5 Pius Open House / Feb 6 Kindergarten Preview
12, 15 Parent-Teacher Conferences/ Feb 14 Ash Wed.
16-20 No School - Comp Day/PD
24 First Penance 10AM
26-29 Iowa Testing

March 2024

Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

March

1-7 Iowa Testing
8 End of Qtr 3
11 No School - Teacher Work Day
28-29 No School - Easter Break

April 2024

Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

April

1-2 No School - Easter Break
8 Confirmation Retreat
9 Middle School Preview / Confirmation 7PM
11 FHC Retreat / Apr 12 Early Release - 1PM
13 First Holy Communion 10AM
15-22 MAP Testing / Apr 19 School Drama Prod. 6PM
30 Spring Concert (6-8) - 6 PM

May 2024

Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

May

3 Early Release
7 Spring Music Concert - 6pm
9 No School - Ascension Thursday
15 8th Grade Mass at Cathedral - 10:30am
16 8th Grade Graduation 5:30PM
23 Last Day of School/Warrior Games/End of Qtr 4

June 2024

Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

June

*Dates are subject to change. Refer to website for most current calendar.

Calendar Templates by Vertex42.com

<https://www.vertex42.com/calendars/>

[Link to printable 2023-2024 Calendar](#)

[Subscribe to Our Calendar](#)



FUNDRAISER

Join us at Runza (87th and Nebraska Pkwy)

Tuesday, September 26th

4:30 - 7:30 pm

10% of drive-thru, dine-in, or carry-out sales will be donated to St. Michael Catholic School.



FROM THE PARISH OFFICE

If you would like to become more involved at St. Michael parish, consider Liturgical Ministry! We invite you to be greeters (welcome people to Mass and carry up the offertory gifts) and ushers (pass the baskets for collection). This ministry helps you get to know your fellow parishioners and can involve your entire family. Use the following link to sign up for August and September:

[Click Here to Sign Up!](#)



About SCIP:

The School Community Intervention and Prevention (SCIP) mission is to provide an effective prevention and early intervention process to help students and their families address possible behavioral and mental health concerns so that students may achieve and lead healthy, productive lives.

SCIP is a program designed to bring together families, schools, and the community to support student mental, behavioral, and emotional health by addressing both individual and environmental elements that influence student behavior.

Between the ages of 6 and 18, youth spend much of their time inside the school building. Besides parents and guardians, school personnel spend the most time with our community's youth. SCIP utilizes those connections to form a front line of early identification, intervention, and connection to resources for students and their families struggling with mental, emotional, and behavioral health issues.

Schools with SCIP have committed and passionate school personnel who want to see students succeed inside and outside of school just as parents want to see their student succeed inside and outside of school.

When a student is displaying concerning behavior either at school, at home, or in the community, the student can be referred to the SCIP Team within the student's school. The SCIP Team will work to support the student and his/her family by connecting them with services and resources both within the school building and outside of the school environment.

SCIP collaborates with community behavioral health agencies that can provide screenings at no cost for the student.

To find out more information about SCIP visit our website at www.scipnebraska or call SCIP at (402) 327-6841.

In Person or Virtual 5K, 2.5K, or 1 Mile Fun Run

Date: Saturday, August 26

Location: James Arthur Vineyards
2001 W Raymond Road
Raymond, Nebraska



**8:00 AM Packet Pickup and
Late Registration**

8:30 AM Run begins

Cost: \$35 - Adults with wine option

\$25 - All ages without wine

Participants receive an event t-shirt, a participation medal and optional bottle of wine (age 21 and over).

Light refreshments provided by Trader Joes.

Food trucks with hot/cold beverages and other food (including bacon!) will be available on site for purchase.

**All proceeds from the event
will go directly to Kicks 4
Kids Nebraska to provide
shoes to children in need.**

To learn more or register, go to: www.kicksforkidsnebraska.org

Hello Parents/Families!!

It was great to see many of your excited faces at the Meet and Greet. I recognized many people either from soccer connections or our Catholic community. It's a small world!

We are excited to offer our soccer program during the St Michael's school day for kiddos 3-6 years old! Class starts on September 11 at 2:30p, takes place in the gym, and will be filled with imaginative games to teach soccer skills and coordination.

Our soccer classes tend to fill quickly, but it is not full yet! Please contact me if you have any questions!!

Thank you for choosing UPfield!

Courtney Smith

UPfield Soccer Lincoln-Program Director

317-961-8684 - text only

317-660-1714 - calls



Nominate your teacher, administrator, and/or support staff!

Greetings!

We are excitedly preparing for the Bishop's Saints & Scholars Dinner, to be held this year the evening of October 15 in Lincoln. As was the case last year for the first Saints & Scholars event, we will honor teachers celebrating milestone years of service. Information and invitations for each of these honorees will be forthcoming in the next couple of weeks.

In addition to the years of service recognition, we will once again be taking nominations for five awards for those working in our diocesan schools. The Diocesan Education Awards are as follows:

- St. Thomas Aquinas Award (Administrator of the Year)
- St. Elizabeth Ann Seton Award (Elementary Educator of the Year)
- St. John Cantius (Secondary Educator of the Year)
- St. Catherine of Alexandria (Special Education/Underserved Communities Educator of the Year)
- St. John Bosco (Support Staff Member of the Year)

Each recipient will receive a \$250 cash award plus \$250 for their school's library. The recipients will be publicly recognized at the Saints & Scholars Dinner and through diocesan communications channels.

Any member of our school communities (parents, teacher friends, administrators, students, etc.) may submit a nomination, so please help us share this nomination link with your local stakeholders (teachers, parents, parishioners, etc.) via email ASAP. All school personnel, including priests and religious, of Diocese of Lincoln Catholic Schools are eligible to receive these awards. A small committee of clergy, religious, and lay professionals will select the winners. We will send notification to winners on or before September 11, 2023.

NOMINATIONS FOR THE AWARDS MUST BE SUBMITTED BY NOON on FRIDAY, SEPTEMBER 1, 2023 using [THIS LINK](#).

Any questions regarding the awards may be directed to Katie Ostgren at the Office of Development & Stewardship or Fr. Mark Cyza in the Diocesan Education Office.

We look forward to celebrating our excellent teachers and staff members and are grateful all who serve our students! Thank you in advance for helping us collect nominations and spreading the word so we can celebrate some very special people in our diocesan Catholic school community!

Katie Ostgren

Director of Development & Stewardship, Catholic Diocese of Lincoln

Call / Text: 402-340-1022

katie-ostgren@lincolndiocese.org

Today we had farm fresh local watermelon tomorrow from Christen Bennett, NE. Next week we will have multicolor cherry tomatoes, mini cucumbers, green peppers and potatoes from Green School Farms Lincoln, NE.

Thanks,

Linda Schurman

St. Michael Catholic School
Food Service Director





YOU CAN ASK A QUESTION AND **SAVE A LIFE**

QPR stands for Question, Persuade, and Refer — three simple steps anyone can learn to help save a life from suicide. QPR saves lives by providing innovative, practical, and proven suicide prevention training. QPR trains ordinary people to recognize the warning signs of a suicide crisis and then to question, persuade, and refer someone for help.

A QPR Gatekeeper is anyone who can recognize warning signs that someone may be contemplating suicide. QPR Gatekeepers include parents, friends, neighbors, co-workers, and others who can identify someone at risk of suicide and refer them to services that will help keep them safe for now. Anyone can become a trained QPR Gatekeeper.

To do so, we invite you to join us for one of the QPR training workshops scheduled September 10-17, 2023. Once you're certified, you'll know how to:

- ✓ Recognize the warning signs of suicide
- ✓ Know how to offer hope
- ✓ Know how to get help and save a life

Minors should be accompanied by a parent or guardian. Any minor attending a QPR training workshop with a group or individually will need to have their parent's permission to attend.

Funding provided by: NE UNL Policy Center/GLS/SAMSHA 80%; DHHS Behavioral Health, Partnership for Success 20%; Region V Systems.



Visit TalkHeart2Heart.org/Resources/QPR-Training to learn more about these free, 90-minute training workshops and join us in saving lives.

TALK
heart2heart

Attend a QPR Workshop Near You:

All trainings are in Lincoln, Nebraska, unless noted

SUNDAY, SEPTEMBER 10

Raymond United Methodist
14750 N. 3rd St.
Raymond, NE
at 11:15am

Trinity United Methodist
7130 Kentwell Lane
at 2pm

MONDAY, SEPTEMBER 11

American Lutheran
4200 Vine St.
at 6:30pm

**First Plymouth United
Church of Christ**
2000 D St.
at 6:30pm

**SouthPointe Christian
Disciples of Christ**
7010 Helen Witt Dr.
at 6pm

TUESDAY, SEPTEMBER 12

Our Saviour's Lutheran
1200 S. 40th St.
at 6pm

**Shepherd of the Hills
Lutheran Church**
6901 Panama Rd.
Hickman, NE
at 7pm

WEDNESDAY, SEPTEMBER 13

**Christ Lincoln
Sumner Campus**
4325 Sumner
at 6:30pm

**Christ Lincoln
Yankee Hill Campus**
6700 Chatsworth Lane
at 6:30pm

Pius X High School
6000 A St.
at 7pm

St. Andrews Lutheran
1015 Lancaster Ln.
at 7pm

THURSDAY, SEPTEMBER 14

Grace Lutheran
2225 Washington St.
at 4pm and 7pm

Neighbors Church
575 Fallbrook
at 6:30pm

Sheridan Lutheran
6955 Old Cheney
at 6:30pm

FRIDAY, SEPTEMBER 15

Zoom Option (Morning)
us02web.zoom.us/j/5172263286
at 6am

Zoom Option (Lunch)
us02web.zoom.us/j/5172263286
at 12pm

SATURDAY, SEPTEMBER 16

Bethany Christian Church
1645 N. Cotner
at 10am

SUNDAY, SEPTEMBER 17

Edenton Christian Church
7001 Edenton Rd
at 2pm

FATHER-DAUGHTER DAY RETREAT

MARIAN SISTERS OF THE DIOCESE OF LINCOLN
6765 N. 112TH ST. WAVERLY, NE 68462
SPONSORED BY THE SERRA CLUB OF LINCOLN

WHEN

Saturday, September 9, 2023
8:30 AM - 2:00 PM

DETAILS

For dads & girls (grades 2nd-5th)

Games, faith formation &
time with the Sisters

No cost

Wear appropriate shoes and
clothing for outdoor games

Bring a sack lunch & water bottle



RSVP

Justin Johnson
e-mail: justinericjohnson@gmail.com
OR
text: 402-580-7888

RSVP by Wednesday, Sept. 6



Taekwondo Kids Program

September 25th - 28th at St. Michael!



TAEKWONDO is a Korean martial art and Olympic sport with tremendous benefits for school age children. Our training strengthens the entire body while developing improved balance and coordination.

MASTER LEE, who has over 25 years experience in Taekwondo, is an experts at working with kids, enthusiastic, and know how to make learning fun!

Give back to St. Michael Physical Education program

Start 4 Weeks special trial program and have a **WONDERFUL** school year!

The registration fee of **\$49** will be donated directly to your school to benefit the Physical Education program. We've been donating to St. Michael **over \$1,000** since 2022!

Where: **MASTER LEE'S TAEKWONDO - LINCOLN**
(Corner at Pine Lake Rd. & S 29th St
-behind Starbucks drive-thru)

Duration: **4 weeks**(pick any 2 classes per week)
Cost: **\$49**

How to start: Call/Text/E-mail us to schedule the first class or book a class online at nebraskataekwondo.com/trial-program.

Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (AM)
Ages 4 - 5	4:50 - 5:20		5:30 - 6:00	4:50 - 5:20	Self Testing	10:20 - 10:50
Ages 6 - 12	4:10 - 4:50	6:10 - 6:40		5:20 - 6:00		09:40 - 10:20
Family (Age 6 & up)		6:40 - 7:20	6:40 - 7:20	6:40 - 7:20	Private Lessons	
Teens/Adults (Ages 12 & up)	7:20 - 8:00		7:10 - 7:50	7:20 - 8:00	Private Lessons	09:00 - 09:40

Our flexible schedule allows you to choose ANY two classes per week.

5 Incredible Benefit from Tae Kwon Do

1. Tae Kwon Do is for EVERYONE! There are no limitations on who can take part.; young children, parents, seniors, males, females, athletes, and "non-athletes", anyone who wants to stay active, fit and healthy...almost everyone.

2. Strengthens the body! The moves and kicks practiced in Taekwondo are fantastic for developing a strong body and enhancing fitness and flexibility.

3. Excellent Academic Performance Vital intellectual skills such as concentration, discipline, control and patience form the core foundation of martial arts teaching practice.

4. Increase Self-Confidence - Never Give Up! Taekwondo offers the opportunity to develop and finetune mental skills such as concentration, patience, focus, and determination. This helps the student overcome challenges in all areas of life.

5. Mental Health Benefits A huge component of Taekwondo is control - effectively managing one's energy, mind, and body. As a result, it is a complete lifestyle change that brings about huge, positive mental health benefits.

MASTER LEE'S TAEKWONDO

Korean Martial Arts

- Little Tigers(age 4-5)
- Family Classes(ages 6+)
- Children(ages 6-11)
- Adult/Teen Classes(ages 12+)

100% of the Registration Fee will be donated to St. Michael!

4 weeks of Classes for \$49
Schedule your First Class!

☎ 402.781.0360(Call/Text)
✉ mltkdlincoln@gmail.com



Offer expires on **November 15th, 2023**



MASTER LEE'S TAEKWONDO - Learn from the BEST!

NebraskaTaekwondo.com

the
RESCUE
project



COMING TO ST. MICHAEL

*Starting the week of October 2nd, 2023
Join us for dinner, video, and discussion.
Sign up today!*

Sign Up



Only the **rescued** can **rescue**.

Click [HERE](#) to register!



St Michael PCCW Presents

HyVee Frozen Cookie Dough



\$20 per package

- Each package contains 3 dozen individually frozen and ready-to-bake cookies
- 7 Cookie flavors: *Sugar, Chocolate Chip, Peanut Butter, Brownie, Oatmeal Raisin, Monster, and English Toffee*
- Orders can be made after all Masses August 26th & 27th or by <https://www.osvhub.com/stmichaellincoln/forms/pccw-cookie-dough-fundraiser>
- **LAST ORDER DATE IS AUGUST 27TH**

**ORDER PICK UP AFTER ALL MASSES WEEKEND OF
SEPTEMBER 16TH & 17TH IN COMMONS AREA**




Scan QR to order via
Our Sunday Visitor



Proceeds to
pay for the 12
consecration
crosses and
candles on
walls in the
new church

St. Michael's Menu—August 2023

	August 1	August 2	August 3	August 4
August 7	August 8	August 9	August 10	August 11
August 14 Meals are subject to change without notice	August 15 Guest meal \$4.60 Extra milk \$.45	August 16 First Day of School Noon Dismissal	August 17 Friedada Corn	August 18 Omelet Hashbrown Mini Bread Loaf
August 21 Chicken Patty W/G Bun Green Beans	August 22 Meatballs in Marinara Sauce W/G Rice Broccoli Cheesy Italian Bread	August 23 Sausage Egg Cheese on W/G Biscuit Potato Smiles	August 24 Corn Dog Mixed Veggies	August 25 Cheese Pizza California Blend Cookie
August 28 BBQ Rib on W/G Bun Cheesy Broccoli	August 29 Chicken Fajita W/G Tortilla Salsa Garlic Stick	August 30 Sloppy Joe on W/G Bun Baked Beans Chips	August 31 Breaded Chicken Patty Mashed Potatoes Corn Dinner Roll	

*Alternative Main Entrée Choices:

Monday: Ham & Cheese Sandwich
 Tuesday: Turkey & Cheese Sandwich
 Wednesday: Ham & Cheese Wrap
 Thursday: Meat & Cheese Box
 Friday: Cheese Sandwich & WOW Butter Sandwich

*Milk, Fruit, Fresh Vegetable Bar (Romaine Lettuce, Broccoli, Grape Tomatoes, Carrots, Cucumbers, Snap Peas)
 Served Daily

*Apple and Orange Juice Offered on Tuesday & Thursday


*Menu Subject to Change

For questions email: Linda-Schurman@cdolinc.net

"USDA is an equal opportunity provider and employer"



St. Michael's Menu—September 2023

				September 1 Pancakes & Syrup Cheese Omelet Fresh Veggies
September 4 Happy Labor Day!	September 5 Hamburger W/G Bun Potato Rounds	September 6 Chicken in Country Gravy Wild Rice Green Beans Bread Stick	September 7 Pancake & Sausage Breakfast Sandwich Hard Boiled Egg Peas & Carrots	September 8 Cheese Pizza Broccoli
September 11 Fiestada California Blend	September 12 Hot Ham & Cheese Glazed Carrots	September 13 Corn Dog Corn	September 14 BBQ Rib W/G Bun Baked Beans	September 15 Cheese Quesadilla Green Beans Salsa
September 18 Hot Dog On W/G Bun Sweet Potato Tots	September 19 Chicken Alfredo W/G Noodles Peas Bread Stick	September 20 Pulled Pork W/G Bun Baked Chips California Blend	September 21 Country Fried Steak Mashed Potatoes & Gravy Corn Dinner Roll	September 22 Breakfast Pack Cereal Yogurt Hard Boiled Egg Cheese Stick
September 25 Meatloaf Mixed Veggies Dinner Roll	September 26 Popcorn Chicken Mashed Potatoes & Gravy Corn Garlic Bread	September 27 Meatball W/G Sub Cheesy Broccoli	September 28 Cheeseburger W/G Bun Green Beans	September 29 Cheese Nachos Salsa Refried Beans

*Alternative Main Entrée Choices:

Monday: Ham & Cheese Sandwich

Tuesday: Turkey & Cheese Sandwich

Wednesday: Ham & Cheese Wrap

Thursday: Meat & Cheese Box

Friday: Cheese Sandwich & WOW Butter Sandwich



*Milk, Fruit, Fresh Vegetable Bar (Romaine Lettuce, Broccoli, Grape Tomatoes, Carrots, Cucumbers, Snap Peas) Served Daily

*Apple and Orange Juice Offered on Tuesday & Thursday

*Menu Subject to Change

For questions email: Linda-Schurman@cdolinc.net

"USDA is an equal opportunity provider and employer"

Thank you to our 2023-2024 St. Michael School Corporate Sponsors

Please consider patronizing these businesses when possible

Platinum Sponsors

Larson
MOTORS



MILLER
SINCE 1939
SEED

EDWARD'S
STONE
NATURAL STONE

DURST
INC

Gold Sponsors

UBT
Union Bank & Trust®
37
WEALTH




DORMIE
NETWORK®

AAA
ROOFING | SHEETMETAL
SINCE 1981

Midwest  Bank

HBE
CPAs & Consultants | Wealth Management

 **Pediatrics, P.C.**
Infancy through Adolescence


ROOTS DENTAL
Family | Cosmetic | General Dentistry

sdg
structural[design]group
402-438-7788
www.sdgstructural.com